



Club de patinage artistique Gadbois
Aréna Sylvio-Mantha
5485 Chemin de la Côte St-Paul
Montréal, Québec. H4C 1X3. (514) 934-1312

<https://cpagadbois.uplifterinc.com>
Facebook : Club de Patinage Artistique Gadbois
Courriel : patinagegadbois@gmail.com

2025-2026 REGISTRATION

Our programs

CanSkate: group classes for beginners from 3 to 17 years old who want to learn the basics of skating, with the goal of continuing into figure skating, hockey or speed skating.

Junior Development: class in small group for badge 4 to 6 CanSkate skaters who want to accelerate their progression towards the STAR figure skating program. **Good figure skates are required. Skaters must be registered to a second program (CanSkate or private class) to participate.**

STAR 1 to 4 group classes: class in small groups for STAR 1 to 4 skaters. Development of figure skating basics in ice dance, skating skills, free style and synchronized skating. Preparation for tests and competitions.

Private: private and semi-private sessions. Contact the club for more information before registering.

Development STAR 5+: group class that focuses on stroking and skating skills (power, posture, cardio, agility...), very important elements in competition at all levels. **Strongly recommended.**

STAR off-ice: off-ice training complementary and necessary for an efficient progression on the ice. Benefits: muscle strengthening, improvement of flexibility, balance and coordination, technical work on jumps and spins, improvement of cardio, injury prevention... **Strongly recommended, at least once a week.**

Ice dance development: group class focused on ice dance. Open to STAR 3 + skaters interested in partner or solo dance.

Registration

Administration fees of 75\$/skaters are required and **NON-REFUNDABLE**.

A family discount of 25\$ per additional child is applicable if the children are registered in group classes.

Registration dates:

➔ Pre-registration for returning members:

- Online on Uplifter (<https://cpagadbois.uplifterinc.com>) starting from **August 17th, 2026, at 6:00 PM**

➔ General registration:

- Online on Uplifter (<https://cpagadbois.uplifterinc.com>) starting from **August 20th, 2026, at 6:00 PM**
- In person at our office: **Thursday August 20th** and **Tuesday August 25th**, from **6:00 to 8:00 PM**
- Please note that spots are limited, and group lessons fill out fast. It is recommended to register online, when registration opens.

Online payment method: credit card only

In person payment methods: credit card, cash, check, Interac e-Transfer.

It is possible to pay for the season in 3 equal installments (at registration, on September 20th and on October 20th). The administration fees of 75\$/skater must be paid on registration day, in addition to the first installment.



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Beginning of classes

➔ **Private classes Tuesday to Saturday:** starting from September 1st, 2026

➔ **Group classes and Sunday private classes:**

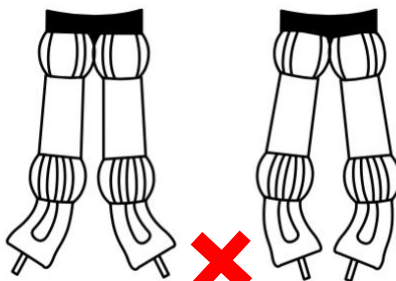
Tuesday September 8th, 2026

What do you need for CanSkate lessons?

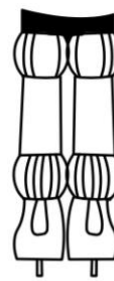
You will need a **mandatory CPA Gadbois sweater (crewneck)**, that must be paid (**30\$**) on the day of registration, **good skates**, a **CSA-certified hockey helmet (badge 5 and below)** and **gloves**.
Sportswear or a figure skating skirt are mandatory.

Choosing skates for your child:

- Skates with laces are mandatory (figure or hockey skates). Plastic recreational skates are forbidden
- Please read our Skate Guide
- Don't hesitate to ask us for advice!



Patineur mal équipé



Patineur bien équipé

Second-hand sale

The figure skating second-hand sale will take place on **Thursday August 25th** from **6:00 to 8:00 PM** at the CPA Gadbois office. You will find **skates, helmets, figure skating clothes, competition dresses and more!** Payment by cash or card.

If you have items for sale, you can drop them off on Thursday August 20th between 6:30 and 8:00 PM. If your items are sold, we will give you the money soon after.

Program assistant training

Program assistants (PAs) are trained by the club's CanSkate coaches to assist them in the delivery of the CanSkate program.

Mandatory training will take place on **Friday September 4th**, at **6:00 PM for program assistant helpers** and **7:00 PM for program assistants**.

Achieved level of skating and age required to be program assistant or program assistant helper:

- Program assistant: STAR 3+, and be at least 13 years old.
- Program assistant helper: STAR 1+, and at least 10 years old.



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Club jackets

To proudly represent our club at competitions or outside, STAR skaters can buy our club jackets!

Come see us in the office for more information.

Price of the jacket: 60\$



2nd club skaters

Registration starting from September 1st, at 6:00 PM. Administration fees of 75\$ are NON-REFUNDABLE. The season must be paid in one installment on the day of registration.

The 2026-2027 skating season

The regular season takes place from **September 8th, 2026, to the end of February 2027**. Several activities will be organized during the season, like the Halloween party, the Christmas party, and the friendly competition Jeux du Sud-Ouest. More information will be sent to you by email before each event.

The Board of Directors has not yet decided if the 2027 show will take place. If a show is planned, it will take place from April 16 to 18, and practices will start at the beginning of March. **Plan to be there!** If the show does not take place, lessons will be extended until mid-April.

Please note that we are not responsible for changes to the schedule, class cancellations or closure of the Gadbois center caused by events that are out of our control. In the case of complete closure of the Gadbois center until the end of the season (example: COVID-19), you will be refunded for the cancelled classes. The administration fees of 75\$/skater are NON-REFUNDABLE.

Your Board of Directors for the 2026-2027 season

President: Mélanie Morneau
Registration coordinator: Rose-Eléonore Delarue
Communications: Alice Delarue
Administrator: Pierre Hetru
Administrator: Ditelle Bérubé

Vice-president: Natali Delarue
Secretary: Mélissa Bolduc
Website coordinator: Audrey Dubé-Morneau
Coach representative: Penny Arsenault
Tests and competitions coordinator: Tina (Hong) Cai

Have a great season!

The CPA Gadbois Board of Directors



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2026-2027 SCHEDULE

Tuesday (Sylvio-Mantha rink)

5:10 to 6:00 PM	Private (all levels)	65\$
**6:00 PM	Ice resurfacing	
6:20 to 7:10 PM	CanSkate (badges 1 to 6)	260\$
6:30 to 7:10 PM	STAR 1 to 4 off-ice (included in price of STAR 1 to 4 class)	
**7:10 PM	Ice resurfacing	
7:20 to 8:10 PM	STAR 1 to 4 group class	315\$
8:10 to 9:00 PM	Private (all levels)	65\$

Wednesday (Georges-Mantha rink)

5:40 to 6:40 PM	Private (all levels)	75\$
6:40 to 7:30 PM	Junior Development (CanSkate badge 4 to 6)	260\$
6:40 to 7:30 PM	STAR 1 to 4 group class	260\$
**7:30 PM	Ice resurfacing	
7:40 to 9:00 PM	Private (all levels)	95\$

Thursday (Sylvio-Mantha rink)

5:10 to 6:00 PM	Private (all levels)	65\$
6:00 to 6:50 PM	Private (all levels)	65\$
**6:50 PM	Ice resurfacing	
7:00 to 8:00 PM	Private (all levels)	75\$

Friday (Sylvio-Mantha rink)

5:10 à 6:00 PM	Private (all levels)	65\$
**6:00 PM	Ice resurfacing	
6:20 to 7:10 PM	CanSkate (badges 1 to 6)	260\$
**7:10 PM	Ice resurfacing	
7:20 to 8:10 PM	STAR 1 to 4 group class	260\$
8:10 to 9:30 PM	Private (all levels)	95\$

Saturday (Sylvio-Mantha rink) ****New schedule****

8:10 to 9:10 AM	Private (all levels)	75\$
9:10 to 10:10 AM	Private (all levels)	75\$
**10:10 AM	Ice resurfacing	
10:20 to 11:20 AM	Development STAR 5+	315\$
**11:20 AM	Ice resurfacing	
11:40 to 12:30 AM	CanSkate (badges 1 to 6)	260\$

Saturday (Georges-Mantha rink)

12:40 to 1:40 PM	Private (all levels)	75\$
1:40 to 2:30 PM	Ice dance development (teams and solo) STAR 3+ **New format**	350\$

Sunday (Saint-Charles Arena – 1055 Rue d'Hibernia)

3:10 to 4:30 PM	Private (all levels)	95\$
**4:30 PM	Ice resurfacing	
4:40 to 6:00 PM	Private (all levels)	95\$

More STAR classes options!



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Additional classes options:

- All prices are for the **entire season (September to February)**
- Registration and payment on Uplifter (except for Igor's off-ice classes)

STAR 1 to 4 off-ice	Wednesday 5:00 to 5:30 PM	90\$
	Friday 6:30 to 7:10 PM	120\$
STAR 4+ off-ice	Tuesday 7:20 to 8:00 PM	120\$
	Friday 7:20 to 8:00 PM	120\$
	Saturday 9:10 to 10:10 AM	150\$
Igor off-ice (all levels)	Wednesday 6:40 to 7:30 PM	Contact Igor for more information
	Sunday 2:00 to 3:00 PM	

Competitive group classes with Igor* * The skater must be registered to the Private session corresponding to their group lesson Please note: groups could be rearranged following registration	STAR 2 to 4 Thursday 5:10 to 6:00 PM	390\$ (possible to pay in 2 installments: September and January)
	STAR 4 and 5 Thursday 6:00 to 6:50 PM	390\$ (possible to pay in 2 installments: September and January)
	STAR 6+ Thursday 7:00 to 8:00 PM	470\$ (possible to pay in 2 installments: September and January)